

(Not so Idle) Thoughts and Questions

About The Book

Firstly, I must say *thank you* for purchasing this book.

There are no spectacular stories or anecdotes to tell you about how the book came about. No natural disasters or personal traumas that caused intense introspection.

I am sure you have all heard the expressions – *If you sit and listen, He will talk to you* or *God comes in the quiet* – or some variation of these phrases. Well, that is exactly what happened one night while I was on vacation in Toronto visiting with my son Jade. As I sat alone in the still of the night, suddenly I became conscious of this thought – *Everything comes down to how much you love the other person*. Wow, I was so fascinated by those words that I spent the next while analyzing them to the Nth power.

Then another thought came to mind – *Your sixth sense...* Urgently, I grabbed a pen and started writing what I thought was going to be two notes on a piece of paper.

The channel opened and for the next three weeks, I was granted *insight* that seemed unstoppable. Several times I awoke in the middle of the night and wrote incessantly. On the morning of the fourth day and 124 *thoughts and questions* later, He sent me the title and the idea of the book.

This book of *mind ticklers* is intended to do just that – cause some sort of action, reaction, chain reaction within you. The majority of the quotations are based on my personal experiences but as you read, you will realize that several of the *thoughts and questions* are inspired from *your* experiences.

At the end of each chapter, there is a special area for you to share your personal *(Not so idle) Thoughts and Questions*.

My hope is that I will somehow *tickle* your mind and *inspire* you to take up some of the challenges put forth here, create some new ones for yourself, recognize the differences between ego versus love-driven thoughts and decisions, and choose to embrace and live in love.

The challenge is – the choice.

The choice is – Ego or *The Love System*.

The Love System – God!

Peace Be With You!

Anthony