

FOREWORD

I appreciate your interest in reading my book. My hope is that you enjoy my Poetry, Prose & Ponderings. I attempt to be honest, a little bit spiritual, a little bit sexy, sometimes funny and throw in a few societal issues. You will never have to read between the lines or wonder about meaning. To be relatable is my principal goal as I feel that we cry and laugh from the same spaces for in the end, what we all want is love, and to be our best selves.

Those who have decided that they don't read or appreciate poetry, are most likely scared off by poetry that requires interpretation or deciphering. I hope that my book influences your opinion. Interpretations are individual and personal, and it would be wrong of me to tell you what a poem means. I hope you receive a message as it relates to you personally. It is not my intention to diminish that experience by telling you how to feel.

I never studied how to write poetry, but reading it played a huge part in my education in the twin-island nation of Trinidad and Tobago. It was part of the curriculum which became a source of creative expression for me and is what I'm called to do in this season.

Thank you to my friends and readers for all the reviews, letters and kind words expressed regarding my first book, Naked Angel. You have encouraged me to continue writing and sharing. Thanks to Ronnie, my assistant who patiently indulges me with my constant changes.

Lastly, I thank my boys Roland, Richard, and Robert for support, encouragement and their admiration. I am trying to be the rock star